

Elite Self Defense Centers

Ultimate training in

Inayan EsKrima • Shaolin Kempo Karate
Okinawan Kobudo

110 Fourth Ave, Baraboo, WI 53913

(608) 356-4195

www.elitesdc.com

Master Black Belt Instructor
Matt Schmidtke

October 1, 2013

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Am						Demo Team
12:30 Pm		ADULTS MIXED RANKS		ADULTS MIXED RANKS		
3:45 Pm	Little Ninja's 4 - 6 Yr's		Little Ninja's 4 - 6 Yr's			
4:15 Pm	Kids - Tots Purple & Up	Kids - Jr's Blue w/stripes & Up	Kids - Tots MIXED RANKS	Kids - Tots Purple & Up	Kids - Jr's Blue w/stripes & Up	
5:15 Pm	Kids - Tots White thru Orange	Kids - Jr's White thru Blue	Kids - Jr's MIXED RANKS	Kids - Tots White thru Orange	Kids - Jr's White thru Blue	
6:15 Pm	Black Belts	Adults All Ranks	Adults All Ranks	Adults All Ranks	Black Belt Training	
7:15 Pm	Adults All Ranks	Eskrima & Weapons	Serrada Eskrima	Open Ground		