

Inayan
System of Eskrima

Elite

Self Defense Centers

Ultimate training in

**Inayan EsKrima • Shaolin Kempo Karate
Okinawan Kobudo • Tai Chi**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Am	 110 Fourth Ave Baraboo, WI 53913 (608) 356-4195 www.elitesdc.com Chief Instructor - Matt Schmidtke January 1, 2010					Demo Team
10:30 Am						Individual / Family Training
12:30 Pm		ADULTS MIXED RANKS		ADULTS MIXED RANKS		
3:30 Pm	Little Ninja's 4 - 6 Yr's		Little Ninja's 4 - 6 Yr's			
4:10 Pm	Kids - Tots Blue w/stripe & Up	Kids - Jr's Blue w/stripe & Up	Kids - Tots MIXED RANKS	Kids - Tots Blue w/stripe & Up	Kids - Jr's Blue w/stripe & Up	
5:10 Pm	Kids - Tots White thru Blue	Kids - Jr's White thru Blue	Kids - Jr's MIXED RANKS	Kids - Tots White thru Blue	Kids - Jr's White thru Blue	
6:15 Pm	Black Belts	Adults All Ranks	Adults All Ranks	Open Ground	Black Belt Training	
7:30 Pm	Adults All Ranks	Eskrima & Weapons	Serrada Eskrima	Adults All Ranks	Eskrima & Weapons	

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